

Nitazenes: what to look out for

What are nitazenes?

Nitazenes are very strong and dangerous synthetic opioids. They have been found in the drug supply across the country.

What are the risks?

Nitazenes are continuing to cause overdoses and deaths.

Call 999 and give naloxone



If you think someone is overdosing, **call 999** for an ambulance immediately.

Give the person naloxone.

Make sure you have enough naloxone - at least two kits.

You may need to **give more doses of naloxone** to stop someone from overdosing.

Test your drugs

Ask your local service for **nitazene testing strips** and **naloxone kits**. You can also visit: changegrowlive.org/naloxone or wedinos.org to find out more.

Keeping yourself safe

Take extra care, especially if you use:

- Heroin
- Opioid tablets (like oxycodone)
- Benzos (like Xanax)



Go low and slow

Be extra cautious with the drugs you are taking and where you get them from.



Try to avoid mixing drugs

Using more than one drug increases your risk of overdose, including mixing drugs with alcohol.



Don't use alone

Make sure you are with someone you trust and that you both have naloxone kits. It's best if one person uses the drug first and starts with a low 'test' dose.



Look after your friends

Look out for the signs of an overdose:

- loss of consciousness
- shallow or absent breathing
- 'snoring' or loud 'rasping'
- blue or grey lips or fingertips

Nitazenes and naloxone

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Get **free naloxone kits** and training from your local service or visit changegrowlive.org/naloxone for more information.