



# To deal with a **body fluid spill**, a typical procedure could be:

## 1 Cordon off the area

- ▶ Think of everyone's safety. Make sure anyone involved is being looked after.
- ▶ Put up warning signs to isolate the spill to prevent slips or harm to other people.

## 2 Assess the spill

- ▶ Do you know what it is?
- ▶ Is it on a hard surface or on carpeting or soft furnishing?
- ▶ Do you need to ventilate the room?
- ▶ Do you need to notify anyone?

## 3 Collect the correct spill kit

- ▶ Check the contents and instruction card.

## 4 Put on PPE

- ▶ Put on the protective clothing from the kit – disposable apron, cap or hair covering and eye protection, nose & mouth mask, and double gloves.
- ▶ You may not need to use eye or face protection if you assess that there's no chance of splashing.

## 5 Clean up the spill

- ▶ Working from the outside inwards, cover the spill with the granules from the spill kit.
- ▶ Follow the manufacturer's instructions to ensure you use the correct strength and quantity and allow the correct amount of contact time for the granules you use - it's usually about 2 minutes

Step 5 continued...

- ▶ Collect the granules using the scoop and scraper and place into a disposal bag, along with the used scoop and scraper.
- ▶ Seal this disposal bag and place into a second disposal bag

## 6 Decontaminate and dispose

- ▶ **Remove PPE.**
  - ▶ Take off the top pair of gloves and put into the second disposal bag.
  - ▶ Keeping on the bottom pair of gloves, remove all the other protective clothing and place in the second disposal bag.
- ▶ **Decontaminate the area**
  - ▶ Use disinfectant surface wipes to clean the area and paper towels to dry it
  - ▶ Alternatively, you could use paper towels to apply an appropriate disinfectant to the area, such as a fresh solution of diluted household bleach.
- ▶ **Dispose of the waste**
  - ▶ Put the paper towels into the second disposal bag with all the other waste.
  - ▶ Only touching the outside of the bag, seal it and label it appropriately for correct disposal as clinical or hazardous waste.
- ▶ **Wash hands and exposed skin**
  - ▶ Thoroughly wash your hands and dry them carefully.

## 7 Report

- ▶ Complete a report of the spill.

## 8 Remember to refill your spill kit